

**This newsletter is
sponsored by:**

- Forcht Bank
- Hotwire Productions.net
- Jackson Energy
Cooperative
- McKnight Properties

Thank you for your support!

**Next Chamber Luncheon:
Thursday, August 16**

12:00 noon

Jackson Energy Community Room

\$10.00 per person

SPONSORED BY:



Q4/18 PUSH!

**Great things happen in the 4th quarter!
Finishing strong in 2018 can make all the difference.**

The London-Laurel County Chamber of Commerce is proud to host the **Q4/18 PUSH!** event at the London Community Center on **August 30th** from 11:30 am to 1:30 pm. Admission is \$10 and lunch is provided.

Q4/18 PUSH! will feature four (4) 18 minute POWERtalks from local leaders including Trevor Barton from The Creek and Mary Lou Casada. The two hour event will be packed with inspiration and ideas to help leaders and future leaders bust through obstacles and the walls of fear to realize their dreams for 2018. Employers are encouraged to attend and bring their staff in order to collectively experience the energy and excitement and come away prepared to enter Q4 2018 with laser-like focus. This is one event you will not want to miss!

Q4/18 PUSH! . . . it will be a game changer!

"Everybody is pretty good in the first quarter. Second quarter, you have a little bump or two on you coming into the half. By the time the third quarter comes around, you're tired, you're laboring. When you come to the fourth quarter, it calls on your character".

-- Jerry Jones



East West Martial Arts After School Program

East West Martial Arts After school program is the most exciting in the tri-county area. We have supported several schools and educational professionals for the past 8 years in Laurel county and over 25 years in Pulaski county. Our services for the after school program include martial arts lessons, a healthy snack, bus service, bully prevention program, all while learning core values such as respect and discipline while having a blast! We have limited spots available. If you would like any more information on this program please call 606-877-7766 or contact us on Facebook at our East West Karate Somerset/London page.

East West Martial Arts Introductory Program

The introductory program is a 6 week course designed to learn the basic fundamentals of martial arts. Our students can choose from a variety of programs such as Brazilian Jiu-Jitsu, Karate, Combat Fitness, Self-Defense, Weapons, and more. The programs are for all ages 3 and up. We love to see families grow together in their journey of martial arts. If you need any more information, please call 606-877-7766 or contact us through our Facebook page East West Karate Somerset/London.

IN THE SPOTLIGHT



CHAMBER SPOTLIGHT

The London - Laurel County Chamber of Commerce would like to recognize our

WORLD CLASS SPONSORS



The Chamber is pleased to welcome our newest members:

- ◆ The London Gifts & Accessories

Welcome!

Renewing Chamber Members

- HoneyBaked Ham Co. and Cafe
 - Kendra's Rainbow Ice LLC
 - Kentucky Blood Center
- Laurel County Homecoming, Inc.
 - Laurel County P.V.A.
 - Laurel Place LLC
- London Insurance Agency
- Morgan & White Law Office
- Phillips Diversified Mfg., Inc.
 - Sensure, LLC
- Superior Printing, Inc.
 - Times Tribune
 - Walgreens
- White & Maggard Orthodontics
- Wildcat Harley-Davidson



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VP/ Commercial Lending Officer

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Cell: (606) 304-8329
ruray@forchtbank.com

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Upper Cumberland Community Foundation Formed

The Foundation for Appalachian Kentucky is pleased to announce our newest affiliate, the Upper Cumberland Community Foundation supporting Bell, Knox, Laurel and Whitley Counties and the cities contained therein.

This affiliate provides a structure for individuals, families and businesses with a passion for their community to build lasting legacies. Affiliates are overseen by an advisory board of local leaders creating an endowment (think permanent savings account) from which the interest is used to benefit the community. The board recommends the distributions of grants based on their community's requests. Affiliate foundations benefit from the administrative support, guidance and philanthropic expertise provided by Foundation for Appalachian Kentucky while harnessing the dedication and vision of local leaders within the communities being served.

Upper Cumberland Community Foundation board members are Heather Barrineau, Corey Chesnut, Claudia Greenwood, Deanna Herrmann, Jonathon Hibbard, Guy Jones, Rich Prewitt, Jacob Roan and Denise Wainscott. Rodney Kuhl and Sandi Curd serve as Co-chairs while Jane Winkler Dyche serves as Treasurer.

Kathy King Allen, Community Engagement Officer for the Foundation for Appalachian Kentucky, stated "We are most impressed by the passion of this young board and look forward to watching them use this tool to transform our communities."

Co-chair Rodney Kuhl said, "Our group is excited to be an affiliate of the Foundation for Appalachian Kentucky. The Upper Cumberland Community Foundation will help individuals leave a legacy of philanthropy to their communities by partnering with us to help fulfill those wishes. Our communities will retain its wealth while giving to local needs thru a grant making process."

Local focus is the driving force of The Foundation for Appalachian Kentucky's Appalachian Rural Development Philanthropy initiative. It allows communities across the region to address the needs they see and to nurture those things they hold dear. We are proud to partner with the people of Bell, Knox, Laurel and Whitley counties to build a stronger, more connected community.

The Upper Cumberland Community Foundation plans to make their first round of community grants in June 2019.

For additional information please contact the Foundation for Appalachian Kentucky at 606-439-1357 or visit our web site at <http://www.appalachianky.org/upper-cumberland-community-foundation> .



Pictured Left:
Corey Chesnut, Rodney Kuhl,
Jonathon Hibbard, Deanna
Herrmann, Jane Winkler Dyche,
Sandi Curd and Claudia Green-
wood.



RECENT RIBBON CUTTINGS



CASA of Knox & Laurel Counties

Located at 120 S. Long Street



The London Gifts & Accessories

Located at 1501 South Main Street

Inspirational Quote

“Perfection is not attainable, but if we chase perfection we can catch excellence.”

-Vince Lombardi

IN THE
SPOTLIGHT



Chamber Ambassador
Kandalisha Gilbert
PNC Bank

Our Ambassadors love to help us serve our community by promoting Chamber members, planning new programming and looking out for the best interests of our membership. Now, let's put them in the spotlight!

Kandalisha Gilbert, the Branch Manager for London's PNC Bank, can be found within her community supporting and encouraging local business growth, diversity and inclusion within the town. Kandi and her family are Laurel County natives. Her family have been business owners, local farmers and teachers in our local community.

Kandi's passion lies with helping individuals in the community achieve financial wellness along with inspiring and encouraging individuals to grow within their career. With this desire, Kandi started her banking career in 2010 as a part time teller working within the southeast region and was quickly promoted through as a teller lead, branch sales and service associate and in 2016 accepted a position as the London PNC Branch Manager. Kandi has experience and certificates within specific areas including but not limited to : management, leadership, accounting, personal finance, business banking and consumer lending. She is a Certified Women's Business Advocate, serving as a personal and business financial resource for our female community business owners. During her career at PNC , Kandi has been recognized with 5 Market Performance awards and a nomination for Diversity and Inclusion Champion. She was recently a recipient of the 2018 PNC Circle of Excellence Award recognizing top employees within the company.

Outside of her career, she can be found with her husband Jeremy Gilbert, employed by CSX Transportation, whom she has been happily married to for eleven years. Also alongside them are their three children, Makyleigh (10), Jaedyn (8) and Lakelee (5) who are all in attendance at Bush Elementary school and will pursue their education at North Laurel Middle and High School. Makyleigh is active in basketball with London Dream Basketball and North Laurel Little League Softball. Jaedyn enjoys playing soccer at London Laurel Optimist Club and basketball with New Salem Church. Lakelee is an active dancer at a dance studio here in London, Rhythm Dance Studio and has started her first year with the Rhythm Extreme All Star Dance Team.

When she is not busy in the community or cheering on her children in their activities, Kandi spends her time enjoying the lake and traveling with her family. As an ambassador Kandi is looking forward to furthering her engagement as a community leader, encourage growth in local business', and empower others to mentor within their community.

BUSINESS PROFILE - AT A GLANCE

Company: **PNC Bank**
Address: **1801 Hwy 192 W Bypass**
Email: **kandalisha.gilbert@pnc.com**
Website: **www.pnc.com**
Phone: **606-877-4543**





Laurel County Homecoming

"A Salute to American Heroes"

August 16 - 19, 2018

Levi Jackson State Park

A Tradition Since 1935

Founded in 1935, The Laurel County Homecoming is one of the oldest homecomings in Kentucky. This four-day event runs from Thursday, August 16th through Sunday, August 19th at Levi Jackson State Park in London, Kentucky. This year's theme for the homecoming is "Salute To American Heroes."

The Laurel County Homecoming Parade is again hosted on Main Street and brings marching bands, dance groups, pageant participants, homecoming honorees and highly-decorated floats to beautiful downtown London. This year's parade will be held on Saturday, August 18th at 10:00 am.

The Laurel County Homecoming features live music, daily entertainment, delicious food vendors, flea market & artisan vendors, pet events, dancing, a talent contest, pageants and even a car show... all within the grounds of Levi Jackson State Park. There's something for everyone. Come out and celebrate your Laurel County heritage!



Do you have a tip or an informational article that you would like to pass on to your fellow Chamber members? If so, contact the Chamber office and we will include your article in our next newsletter!



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Julia McKnight
Juliamcknight1@hotmail.com

Make a Difference in a Student's Life

The London-Laurel County Chamber of Commerce in partnership with the Laurel County School System has taught a **Work Ethic Seal Program** for all Laurel County High School students for the past two years. With great success we have had many students graduate from the program and earn Scholarships. Once again the Chamber of Commerce, being the voice of the business community, is answering the call for more students to be work ready upon entering the workforce.

The **Work Ethic Seal Program** curriculum is provided through Junior Achievement of the Bluegrass and is taught in Senior year English IV class. This curriculum is written for volunteers in the community to teach students during regular class times, along with a teacher present in the room. Several local business leaders have taught various classes through Junior Achievement and all have said it was easy to follow and they enjoyed their time with the students.

Will you please take the time to consider teaching our local high school students some valuable life lessons and to instruct our future leaders? If we want to continue to have a thriving business community we must teach our future leaders to lead! We have an informative training and question session set for Wednesday, September 12th 9:30 am in the Chamber office. Please come join us and see how you can make a difference in a student's life!

Please let us know if you are interested in helping teach our future leaders and work force by calling the Chamber office at 606-864-4789.



Upcoming Ribbon Cuttings...



Smith Global Car Wash

Tuesday, August 14th
11:00 am
251 West KY 80 in London

Hill-Top Transportation—H.T. Warehousing

Wednesday, August 29th
11:00 am
227 Air Park Drive in London

AccuForce HR Solutions

Thursday, September 13th
11:30 am
909 South Laurel Rd. in London

KY Real Estate Professionals

Friday, September 14th
12:00 pm
9727 Hwy 25 Suite D in Corbin

“County Pride” at the Kentucky State Fair

The Chamber of Commerce, the London-Laurel Co. Tourist Commission and City of London Tourism will be working together to promote London and Laurel County at the “Pride of the Counties” exhibit at the Kentucky State Fair.

Special thanks to Mayor Troy Rudder and Judge Executive David Westfield for their support of this event.

The Pride of the Counties exhibit allows fairgoers to learn about the unique story each county has to tell through exhibits and items ranging from historic objects and crafts to local treasures and commercial commodities.

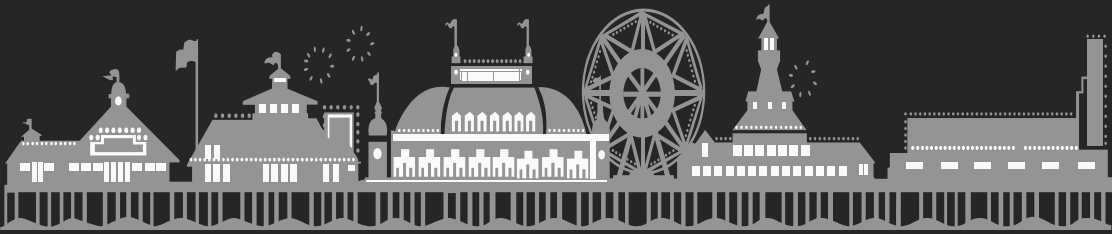
If you plan to be one of the 600,000+ visitors to the fair this year, please stop by our booth in the South Wing and show your pride for Laurel County!

Kentucky State Fair

August 16 - 26

Kentucky Fair and Exposition Center

Louisville, KY



FIVE HEALTHY BACK-TO-SCHOOL TIPS

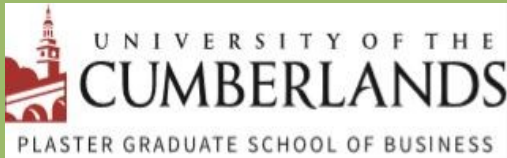
- 1** Get an Annual Wellness Exam
ASK PHYSICIAN ABOUT HEALTH CONCERNS
- 2** Update Required Immunizations
AVOID ABSENCES FOR ILLNESS
- 3** Discuss Recommendations
FLU SHOT, EYE EXAM, AND MORE
- 4** Adjust Sleep Schedule
GET 7-9 HOURS EACH NIGHT
- 5** Be Mentally Prepared
DISCUSS ANXIETY OR FEARS



CHAMBER SPOTLIGHT

July Luncheon Photos

Special thanks to our
Luncheon Sponsor:



Dr. Vonda Moore addresses the luncheon attendees.

New Member



CASA of Knox/Laurel Counties
Christina Bentley

New Member



American Embroidery Company
Matthew Russell

New Member



American Scrub Company
Melanie Hester



Commissioner Ervin Dimeny with the Kentucky Labor Cabinet was our guest speaker.

The Chamber would like to thank the following businesses that donated prizes at our July luncheon. . .

- ◆ Allegra Print Sign Design
- ◆ City of London Tourism
- ◆ Hotwire Productions.net
- ◆ Jackson Energy Cooperative
- ◆ L&N Federal Credit Union
- ◆ Minuteman Press
- ◆ Old Town Grill
- ◆ Regency Cinema 8



The Ambassador Patrol Strikes Again!

The Chamber Ambassadors continued their “patrol” last month and surprised six of our members with balloons and cookies in hand. Each business was also presented a “free lunch” certificate to our general membership luncheon. The purpose of the Ambassador Patrol is to let our members know that we appreciate their commitment and support of our Chamber and to encourage further participation in Chamber events.

Be on the lookout. . . next month they might be visiting you!



Wildcat Harley-Davidson



Pittsburg Marine



Truitt Bros. Inc.



Forcht Bank



Robinson's Premium Meats



Smith Global Car Wash

Chamber Calendar



- Aug 16 – August Chamber Luncheon**
12 noon at Jackson Energy
- Aug 16 – Thursday Night Live at Levi Jackson Park**
Glenn Miller Orchestra 7 pm
- Aug 16-19 – Laurel County Homecoming**
Levi Jackson State Park
- Aug 16-26 – Kentucky State Fair in Louisville**
Pride of the Counties Exhibit
- Aug 28 – Farmer’s Market Feast**
6 pm \$25 per person
- Aug 30 – Q4/18 PUSH! Event**
11:30 am –1:30 pm at London Comm. Ctr.
- Sept 27-30 – World Chicken Festival**

For more information on any of these events, contact the Chamber office at 864-4789 or info@londonlaurelchamber.com



Save the Date . . .

Chamber Fall Golf Classic

Friday, October 5th

Crooked Creek Golf Club



Your Chamber

Board of Directors



Executive Committee

President

Michael Sliter | Hotwire Productions.net

Vice-President

Scott Webster | Tooms, Dunaway & Webster

Secretary

Lisa Baker | Jackson Energy Cooperative

Treasurer

Donnie Cox | Christian Sturgeon & Associates, PSC

Directors

Sharon Bengé | Bengé Farm Supply

Garry Conley | Minuteman Press

Terry Deis | Saint Joseph London

Donna Gregorich | Century 21 Advantage Realty

Winston Griffin | Laurel Grocery Company

Karen Hyde | Legacy Nissan

Dana Johnson | L & N Federal Credit Union

Chris Minton | Wildcat Harley-Davidson

Ward Stokes | Cumberland Valley National Bank

Bud Stuber | The Computer Place

Kenny Woodruff | Mr. Electric & Nite Time Decor